PLEASE REGISTER YOUR NEW PRODUCT

To register your product online please go to:

www.hipeq.com/product-registration

Product serial number is located on equipment or is shown in the box below

SERIAL NUMBER

If serial number is not shown
please check equipment

ROPEFLEX®

RX505 ADJUSTABLE RAIL SYSTEM
Product Manual
DOC: 32-RX505RAIL

Configuration subject to change

IMPORTANT PRECAUTIONS

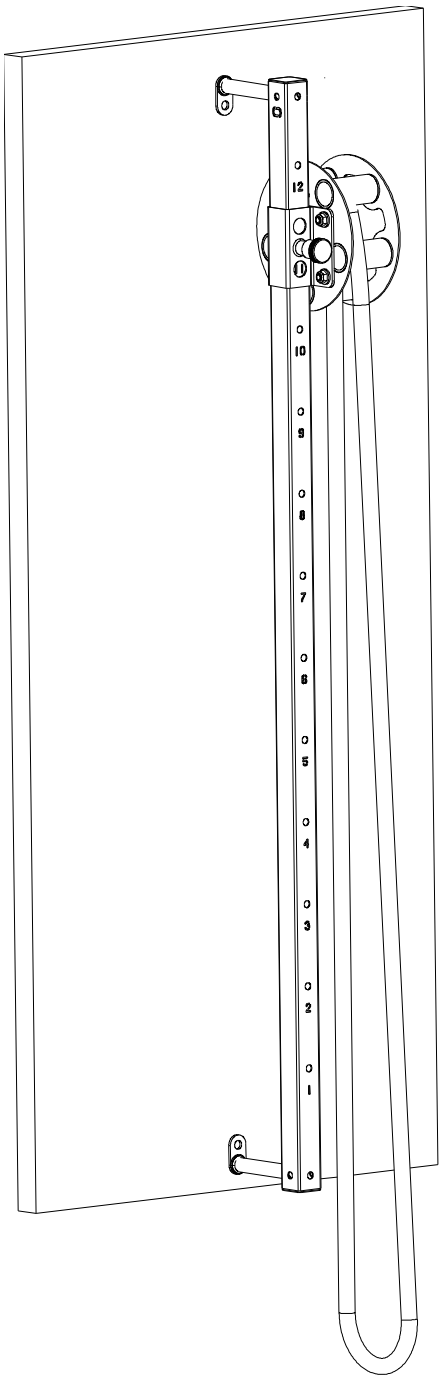
⚠ **WARNING:** To reduce the risk of serious injury, read the following important precautions before using this equipment.

1. Read all instructions in this manual and assemble as described before using this equipment.
2. It is the responsibility of the owner to ensure that all users of this equipment are adequately informed of all precautions.
3. Use this equipment only on a level surface. Cover the floor beneath to protect the surface.
4. Keep children under 12 and pets away from the equipment at all times.
5. Make sure all parts are properly tightened each time you use this machine. Replace any worn parts immediately.
6. Make sure the adjustment knobs are fully engaged / disengaged before using the equipment.
7. Always wear athletic shoes for foot protection while exercising.
8. This equipment is designed to support a maximum user weight of 300 pounds.
9. Pull on one the rope only and never grab a rope in a way that prevents the drum from rotating. Never attempt to hang on the rope or frame. Pull rope with hands only.
10. If you feel pain or dizziness at any time while exercising, stop immediately and begin cooling down.

⚠ **WARNING:** Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. HiPEQ assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

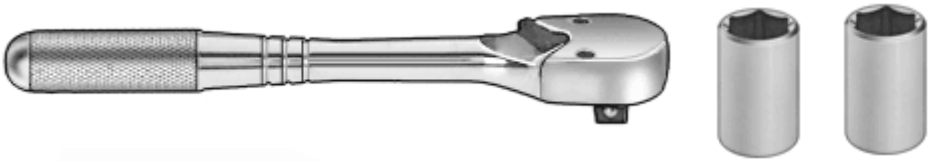
RX505 AND UPRIGHT BRACKET CONFIGURATION

With an optional rail installation kit adjustable rail can be installed on most types of walls, studs, upright beams, concrete, brick and cinder blocks. Fasteners for each installation can be purchased at your local hardware store or online.

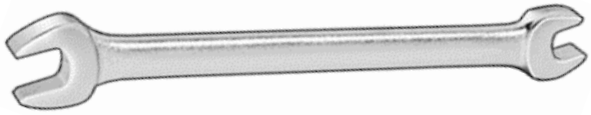


TOOLS REQUIRED FOR ASSEMBLY AND INSTALLATION

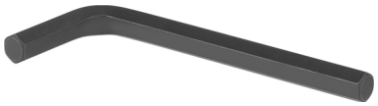
¾" and ½" Hex Socket Ratchet Wrench



¾" Hex Socket Ratchet Wrench



3/8" Hex L-Key



¼" and 9/16" Pilot-hole Drill Bits for Wood Lag Screws



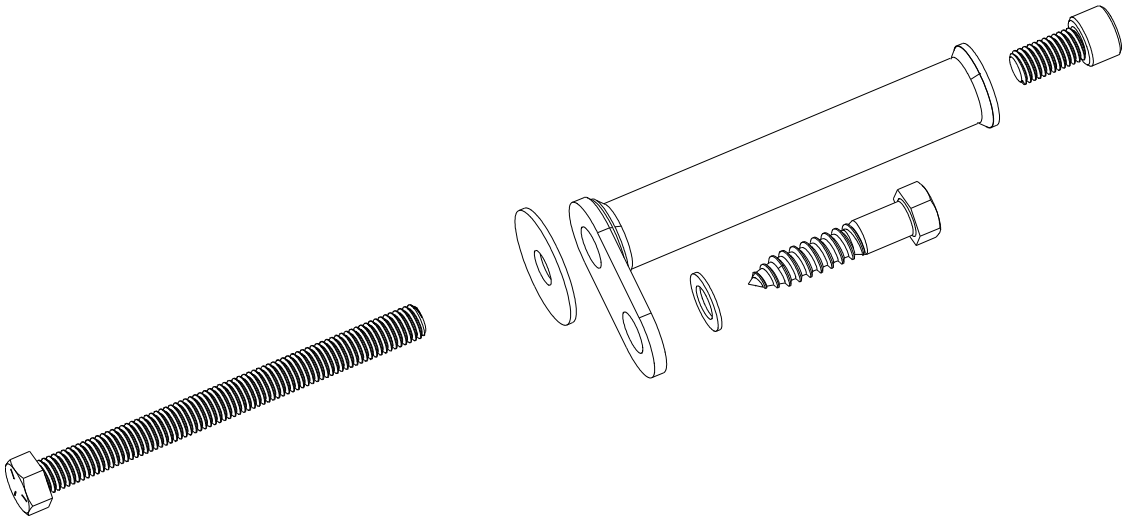
⚠ **WARNING:** Use certified professional installation services or consult with an installer. ROPEFLEX can also connect you with an independent trained installer.

FASTENERS: Use ½ -13" size fasteners (not supplied) for concrete, brick or cinder block installations.

WALL INSTALLATION COMPONENTS

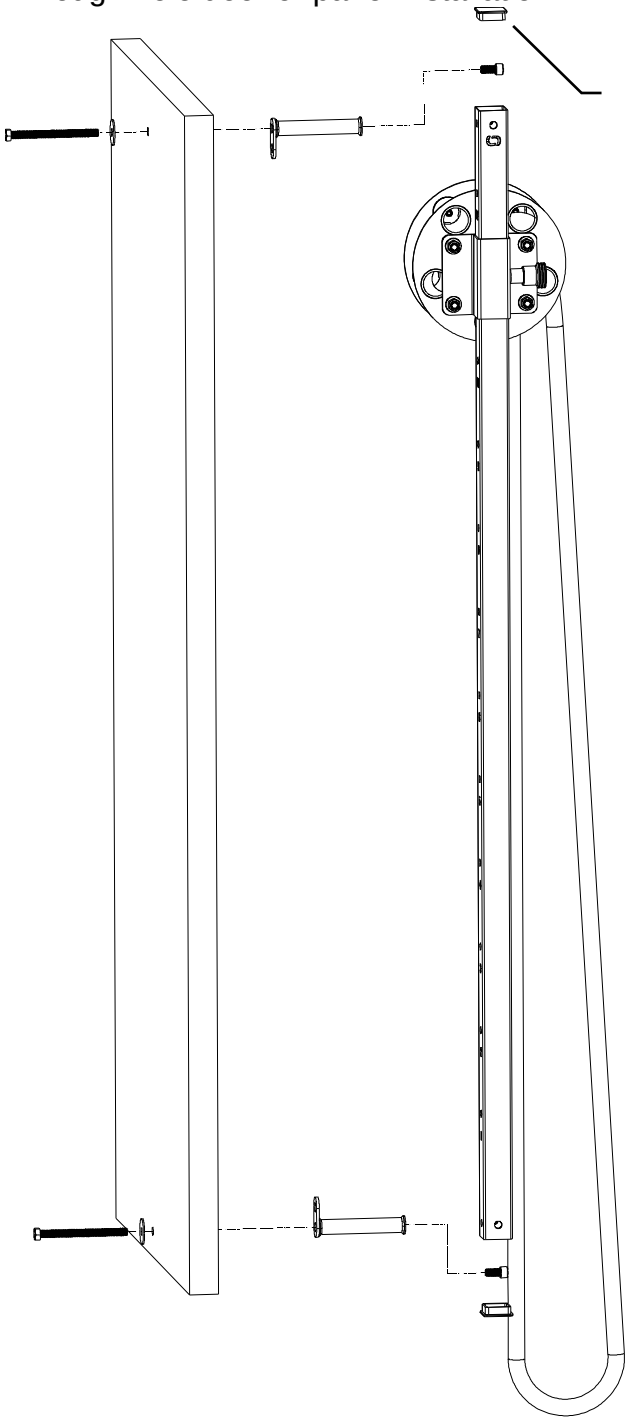
QUANTITY	DESCRIPTION
1	Upright Rail with plastic end-caps
1	RX505 Endless Rope drum with rope
1	RX505-RA Rail adapter with pull pin
2	Wall extension
2	½ - 13” x 1” long socket screw
2	½ - 13” x 6” long bolt
2	½” fender (oversized) washer
2	½” standard size washer
2	½” x 2.5” long wood screw

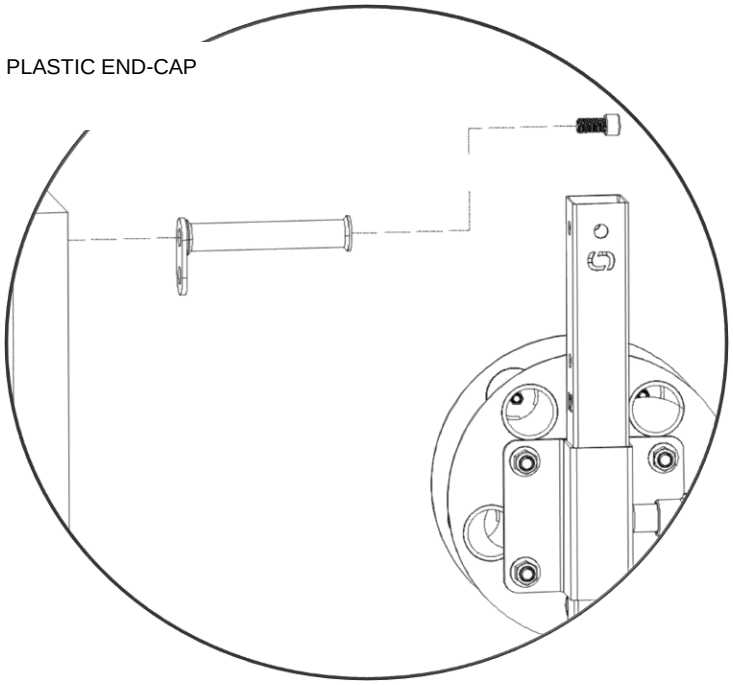
Wall extension kit shown

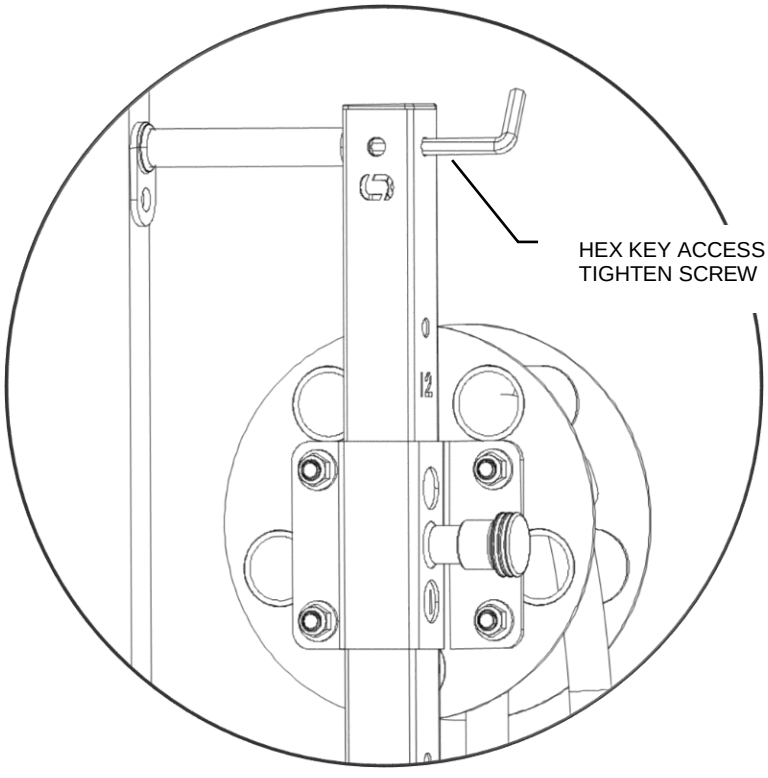


INSTALLATION EXAMPLES

Through hole door or panel installation

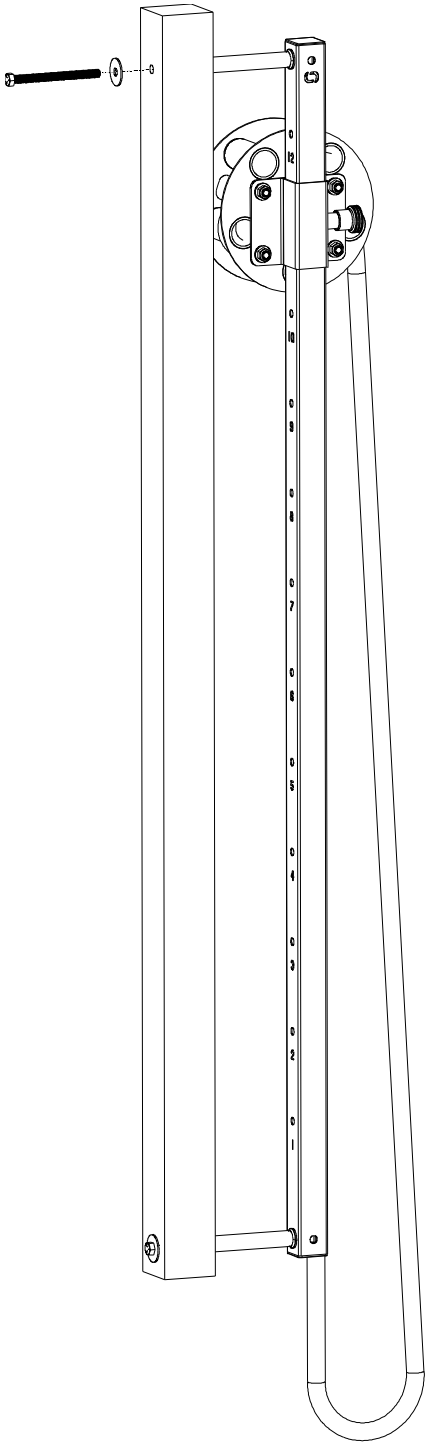


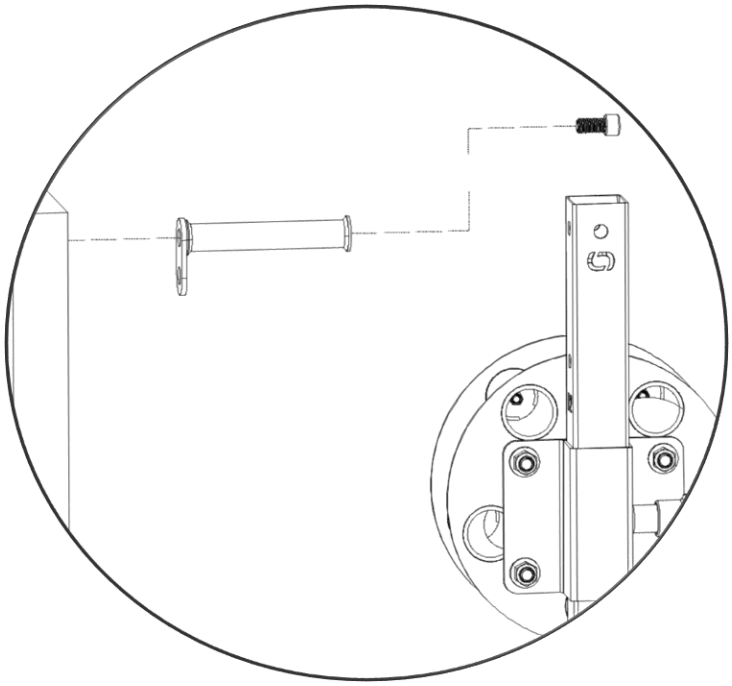


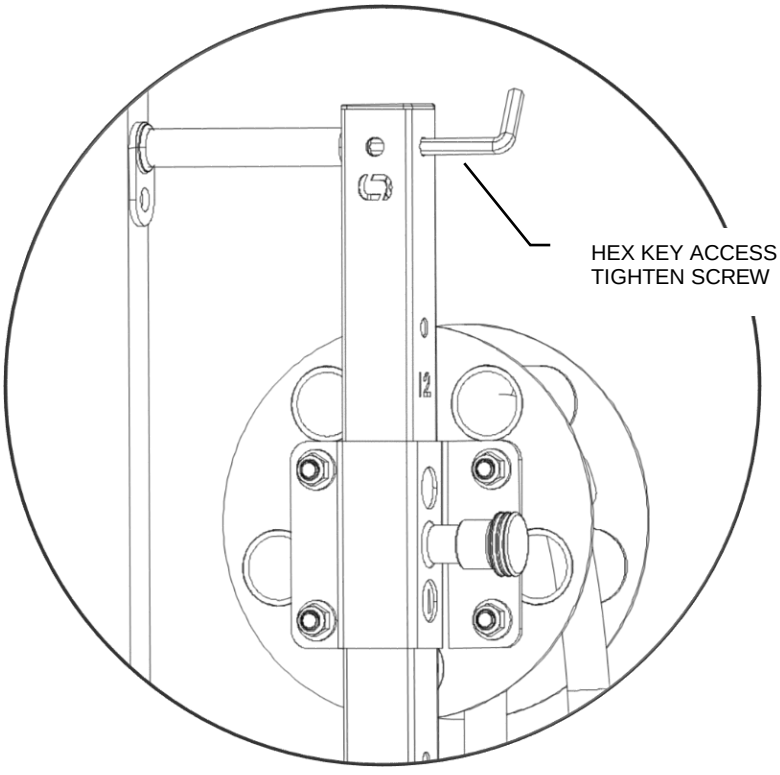


INSTALLATION EXAMPLES

Through hole post installation (4x4”, 6x6” or similar)

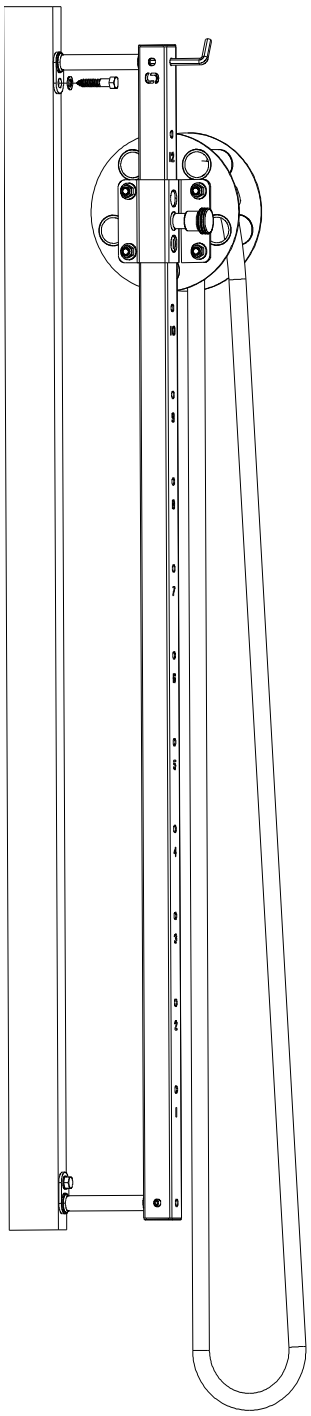


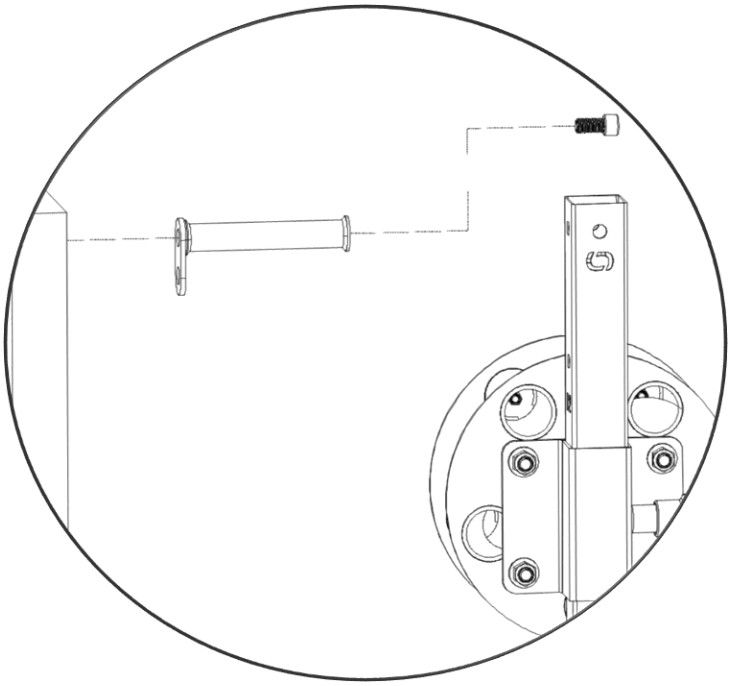


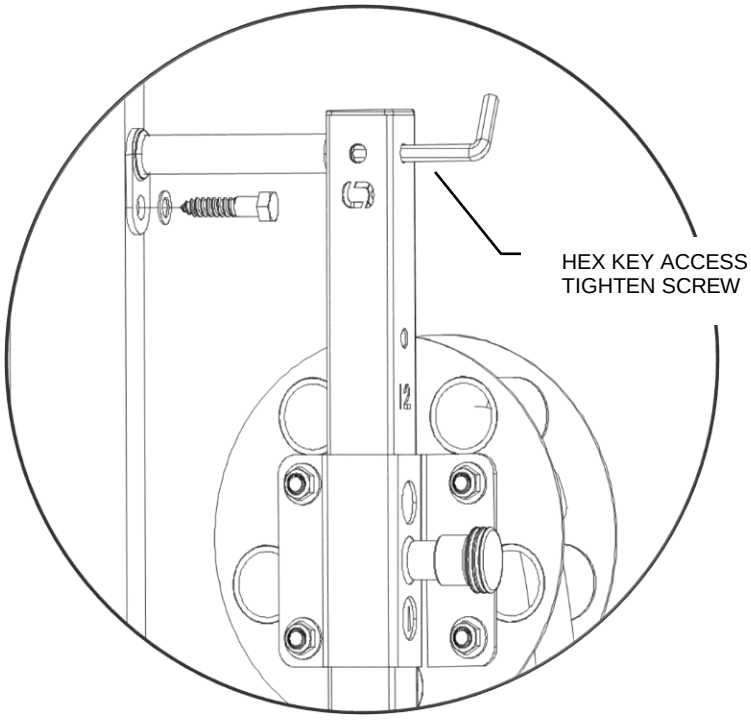


INSTALLATION EXAMPLES

Stud front (face) installation (2x4”, 2x6” or similar including concrete, cinder or brick block with required hardware)







If you have any questions regarding HiPEQ equipment or any instruction found in this document, please call 650.549.5888 for assistance.